

खुल्ला प्रतियोगिता लिखित परीक्षाको पाठ्यक्रम

मुख्य सहायकस्तर मुख्य सहायक (स्टाफ नर्स) प्रथम पत्र (वस्तुगत)

पूर्णाङ्क: १×१००=१००
समय: ३:०० घण्टा

१. नेपालको भूगोल
२. नेपालको इतिहास, संस्कृति तथा सामाजिक व्यवस्था
३. क्षेत्रीय तथा अन्तर्राष्ट्रिय संघ संस्थाहरू
४. नेपालको संवैधानिक निकायहरू
५. नेपालको आर्थिक तथा राजनैतिक नवीनतम घटनाक्रमहरू
६. पूर्वाञ्चल विश्वविद्यालयको ऐन तथा नियमावलीहरू
७. कर्मचारी प्रशासन, शैक्षिक प्रशासन तथा अन्य प्रशासन सम्बन्धी ज्ञान
८. कार्यालय व्यवस्थापन, सार्वजनिक खरिद ऐन, लेखा जिन्सी सम्बन्धी ज्ञान
९. नेपालको शैक्षिक इतिहास
१०. नेपालमा विश्वविद्यालयहरूको स्थापना तथा विश्वविद्यालय अनुदान आयोग (UGC) सम्बन्धी ज्ञान

मुख्य सहायकस्तर मुख्य सहायक (स्टाफ नर्स) द्वितीय पत्र (विषयगत)

पूर्णाङ्क: १००
समय: ३:०० घण्टा

1. Applied Science:

Anatomy and Physiology of all body systems and organs, Body mechanism, Friction, Gravity, Newton's Law, Transfer Of heat, Body Fluid electrolytes, Osmosis, Diffusion, Composition of blood and Rhesus factors, Acid-Base balance, Rehydration therapy, Common Investigation, and its significance. Microbiology, mitosis meiosis, Infectious diseases, Common drugs, their action, and side effect, Pharmacokinetics/Pharmacodynamics.

2. Fundamentals of Nursing:

History of Nursing, Ethical and legal responsibilities of nurses, Basic needs of clients, Stress and coping mechanism, The nursing process, Methods of collecting different specimens for routine and culture test, Common nursing procedure used in the hospital, Administration of different drugs, First aid treatment, Care of dead body.

3. Medical/Surgical Nursing:

Developmental needs, tasks, and lifestyle, Stress, and crisis, Application of nursing process. Common diagnostic procedures, Nursing management of common disease condition including pre- and post-operative care: - Accidents/Injuries ie, Head Injuries, Spinal cord injury, rupture of the

intervertebral disc, Inflammation/ infections ie, Meningitis, Encephalitis, Poliomyelitis, Tetanus, Epilepsy, Brain tumor, Disorder of respiratory ie, Pleurisy, Hemothorax/pneumothorax, Bronchitis, Bronchiectasis, Lung abscess, Asthma, Pulmonary TB, Common Cold, Rhinitis Atelectasis, Disorder of gastrointestinal ie, Peptic Ulcer, Pyloric stenosis, Intestinal Obstruction, Appendicitis, Peritonitis, Cirrhosis of the liver, Hemorrhoids, Cholecystitis, Hepatitis, Hernias, Disorder of urinary ie, Urinary Tract Infection(UTI), Hydrocele, Bladder stones, Pyelonephritis, Nephrotic syndrome, Renal stone, Acute, and Chronic Renal failure, Uremia, Cardiac and blood dyscrasias i.e, Congestive cardiac failure (CCF), Rheumatic heart disease, Angina, Cardiac Arrest, Anemia Leukemia, Myocardial infarction, Gangrene, Aneurysm, Hypertension, Endocrine disorder i.e, Diabetes mellitus, Diabetes incipidus, Hyper and hypothyroidism, the disorder of musculoskeletal i.e, Fracture, Dislocation, Osteomyelitis, Osteoporosis. Care of the patient with a common sensory disorder with nursing management i.e, Eye, Ear, Nose, Oral/throat

4. Community Health Nursing:

Concept of family, Concept of the home visit, Concepts of primary health care, Epidemiological concepts and approaches, vital statistics and health indicators, Gender and health, Nutrition, Deficiency disease and management, Immunization, Communicable disease and management, Family planning.

5. Midwifery:

Anatomy and Physiology of male and female reproductive systems. Concept of midwifery, fetal development, fetal circulation, Antenatal natal and postnatal care of a mother, Management of high-risk mothers. Management of minor, major and medical disorders associated with pregnancy. Care of newborn baby with close observation and assessment. Management of minor/ major problems of newborns. Breast care and management.

6. Nursing Care of Gynecological Problem:

Disorder of uterine Bleeding Cystocele and Rectocele, Uterine prolapse, Vesico Vaginal Fistula, STD/HIV/AIDS, Infertility.

7. Pediatric Nursing/ Nursing Care of Children

Growth and developmental milestones, promoting optimum development of children. Illness and hospitalization, Childhood Mortality/ Morbidity ie, Major killer disease, Common health problems in children and their nursing management, Common emergency conditions of children and their preventive and first aid management, Congenital disorders/disabilities. Role of nurses in reduction of the mortality rate of children, nursing care of critically ill children.

8. Mental Health:

Concept of psychology. Concept of mental health, the concept of mental illness, Classification of mental illness. Management of clients with mental illness/ disorder, Characteristics of a mentally ill patient,

9. Leadership and management in Nursing Planning:

Concept of management, Leadership, Supervision, Organization, Organogram, Motivation, Process of management, Leadership style, Conflict management, The organizational structure of Government health service, National health planning, Concept of the national health system, Policies, roles, and regulation in management of the different levels of hospitals and health centers, Communication Process.

10. पूर्वाञ्चल विश्वविद्यालय ऐन र नियमावली सम्बन्धी

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